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Brave Enough for School

A Gentle First-Day Story

Author: Teddy Heartwell

Genre: Children's Picture Book

Audience: Early Readers (Ages 3–7)

Publisher: Paper Trails Publishing

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A Little Courage, A Big Beginning

Brave Enough for School is a warm, reassuring picture book about the excitement and uncertainty of a child's first day of school. Through relatable moments and expressive illustrations, Teddy Heartwell shows young readers that **feeling nervous is natural—and that courage can begin with one small step.**

Ideal for back-to-school reading, classroom story time, and comforting conversations at home, this gentle story celebrates growing confidence, independence, and the reassurance that children don't have to feel fearless to be brave, with support from their family.

Stories That Understand Little Hearts

Teddy Heartwell writes **gentle, heartfelt stories** that explore childhood emotions, independence, and the courage found in everyday moments. Through storytelling, Teddy's work offers reassurance, connection, and encouragement. In *Brave Enough for School*, Teddy invites families to recognize the feelings that come with new beginnings—and reminds children that *it's okay to feel nervous, seek support, and take each new brave step at their own pace.*

More Than a First-Day Story

- **Normalizes first-day jitters** and the emotions of starting something new
- **Encourages confidence, independence, and age-appropriate resilience**
- **Creates meaningful conversations** between children, parents, and educators
- **Supports social-emotional learning** through reassurance and relatable storytelling



Every Brave Beginning Starts Somewhere

"Sometimes the biggest steps begin with the smallest hearts. I wrote this story to remind children that feeling nervous is okay, and that courage isn't about being fearless—it's about believing you can take that next step."

— Teddy Heartwell



Press Contact _____

Paper Trails Publishing

✉ media@papertrailspublishing.com

🌐 www.papertrailspublishing.com

💰 For ordering and retail details, please see the Sales Sheet.

📍 For interviews, ARC requests, or media features, please reach out via email or website contact form.